

AKKA Karate USA

S.T.A.R. HOMEWORK

Month: **November**- How can I say thank you?

Stop Think Act Review

Success Through Acting Responsibly

Name: _____

Student # _____

Activity:

Student must do something nice to show appreciation to their parents and write it on the back of the STAR form. Parent's signature at the bottom will signify completion.

Vocabulary:

Appreciate, Acknowledge, Gratitude, Words, Actions, Respect, Praise, AOG

Questions:

- 1) Why is it important to say thank you?
- 2) List 2 ways to show gratitude without speaking.
- 3) Words and actions are the best way to say thank you. -true or false?
- 4) Do your friends appreciate it when you acknowledge something they did for you?
Parents?
- 5) Give an example of how attitude shows gratitude.
- 6) List 4 things to be thankful to your parents for.

Monthly Behavior:

Honestly Grade on a Scale of 1-10 (1-Bad, 10- Great)

Respect____ Behavior____ Chores____ School Work____

Notes-

This month my child has demonstrated both at home and school, those qualities of responsibility required by AKKA Karate USA for students seeking to earn a S.T.A.R. patch of achievement. By our signature, we also state that our child has successfully completed the monthly activity.

Signature: _____ Date: _____