

AKKA Karate USA

S.T.A.R. HOMEWORK

Month: **May**- How can I show courage?

Stop Think Act Review

Success Through Acting Responsibly

Name: _____

Student # _____

Activity:

Student participates in the school's tournament or does a kata in front of the class.

Vocabulary:

Brave, Fear, Patience, Determination, Risk, Heart, Success, Valiant

Questions:

- 1) What does it mean to show courage?
- 2) Who do you know who is brave?
- 3) Are your parents brave? If so, how?
- 4) Does it take courage to do well in school? Karate? If so, how?
- 5) How do you show courage when a bully is trying to pick on you?
- 6) Does it take courage to quit or to keep trying?

Monthly Behavior:

Honestly Grade on a Scale of 1-10 (1-Bad, 10- Great)

Respect____ Behavior____ Chores____ School Work____

Notes-

This month my child has demonstrated both at home and school, those qualities of responsibility required by AKKA Karate USA for students seeking to earn a S.T.A.R. patch of achievement. By our signature, we also state that our child has successfully completed the monthly activity.

Signature: _____ Date: _____