

AKKA Karate USA

S.T.A.R. HOMEWORK

Month: **March**- How can I make good choices?

Stop Think Act Review

Success Through Acting Responsibly

Name : _____

Student # _____

Activity:

4-8 year old: draw a picture showing how they can make good choices. 9 and above: write a paragraph on the same topic.

Vocabulary:

Responsibility, Consequences, Thinking, Reacting, Actions, Learning, Evaluating

Questions:

- 1) Think of someone who is a good role model, what can we learn from them?
- 2) Who is responsible for our actions?
- 3) When something bad happens from one of our choices, what can we do?
- 4) Who benefits from us learning how to make good choices?
- 5) How does S.T.A.R. help us to make good decisions?
- 6) How can we help others make good choices?

Monthly Behavior:

Honestly Grade on a Scale of 1-10 (1-Bad, 10- Great)

Respect____ Behavior____ Chores____ School Work____

Notes-

This month my child has demonstrated both at home and school, those qualities of responsibility required by AKKA Karate USA for students seeking to earn a S.T.A.R. patch of achievement. By our signature, we also state that our child has successfully completed the monthly activity.

Signature: _____ Date: _____