

AKKA Karate USA

S.T.A.R. HOMEWORK

Month: **June**- How can I be honest and trustworthy?

Stop Think Act Review

Success Through Acting Responsibly

Name: _____

Student # _____

Activity:

Student makes promise to a/both parent(s). Parents signature at the bottom indicates that the promise was kept.

Vocabulary:

Truth, Reliability, Responsibility, Dependable, Accurate, Consistent, Accountable

Questions:

- 1) If you stop and think before you do/act, can that help you be more trustworthy?
- 2) Why is it important to be honest with your parent(s)?
- 3) How does being responsible and accountable help you in school and at the dojo ?
- 4) Why is it important to be consistent with telling the truth and being trustworthy?
- 5) What does "Honesty in the Heart" mean?
- 6) Does it take courage to tell the truth when you or someone you know has done something wrong?

Monthly Behavior:

Honestly Grade on a Scale of 1-10 (1-Bad, 10- Great)

Respect____ Behavior____ Chores____ School Work____

Notes-

This month my child has demonstrated both at home and school, those qualities of responsibility required by AKKA Karate USA for students seeking to earn a S.T.A.R. patch of achievement. By our signature, we also state that our child has successfully completed the monthly activity.

Signature: _____ Date: _____