

AKKA Karate USA

S.T.A.R. HOMEWORK

Month: **August**- How can I be happy?

Stop Think Act Review

Success Through Acting Responsibly

Name: _____

Student # _____

Activity:

Student and family make a kite that shows things that make the student happy.

Vocabulary:

Glad, Fortunate, Appreciative, Cheerful, A.O.G., Gratitude

Questions:

- 1) Does having money make you happy?
- 2) List two ways to show that you are happy.
- 3) List two things that make your parents happy.
- 4) Does making your parents happy help to make us happy?
- 5) List two things that make you smile.
- 6) How does the A.O.G. help us in school? At the dojo?

Monthly Behavior:

Honestly Grade on a Scale of 1-10 (1-Bad, 10- Great)

Respect____ Behavior____ Chores____ School Work____

Notes-

This month my child has demonstrated both at home and school, those qualities of responsibility required by AKKA Karate USA for students seeking to earn a S.T.A.R. patch of achievement. By our signature, we also state that our child has successfully completed the monthly activity.

Signature: _____ Date: _____