

AKKA Karate USA

S.T.A.R. HOMEWORK

Month: **February**- How can I be kind and courteous?

Stop Think Act Review

Success Through Acting Responsibly

Name : _____

Student # _____

Activity:

Students keep a log of kind and courteous acts which they have done during the month. Each page must be signed by a parent and turned in by the student.

Vocabulary:

Generous, Constructive, Gentle, Friendly, Fair, Attentive, Helpful, Encouraging

Questions:

- 1) What is kindness?
- 2) What do we gain by being kind and courteous?
- 3) What is the difference between being encouraging and hurtful?
- 4) Is it better to be popular or kind?
- 5) How can we be kind and/or courteous to our parents? Teachers?
- 6) How does being kind and courteous affect our Monthly Behavior grades?

Monthly Behavior:

Honestly Grade on a Scale of 1-10 (1-Bad, 10- Great)

Respect____ Behavior____ Chores____ School Work____

Notes-

This month my child has demonstrated both at home and school, those qualities of responsibility required by AKKA Karate USA for students seeking to earn a S.T.A.R. patch of achievement. By our signature, we also state that our child has successfully completed the monthly activity.

Signature: _____ Date: _____