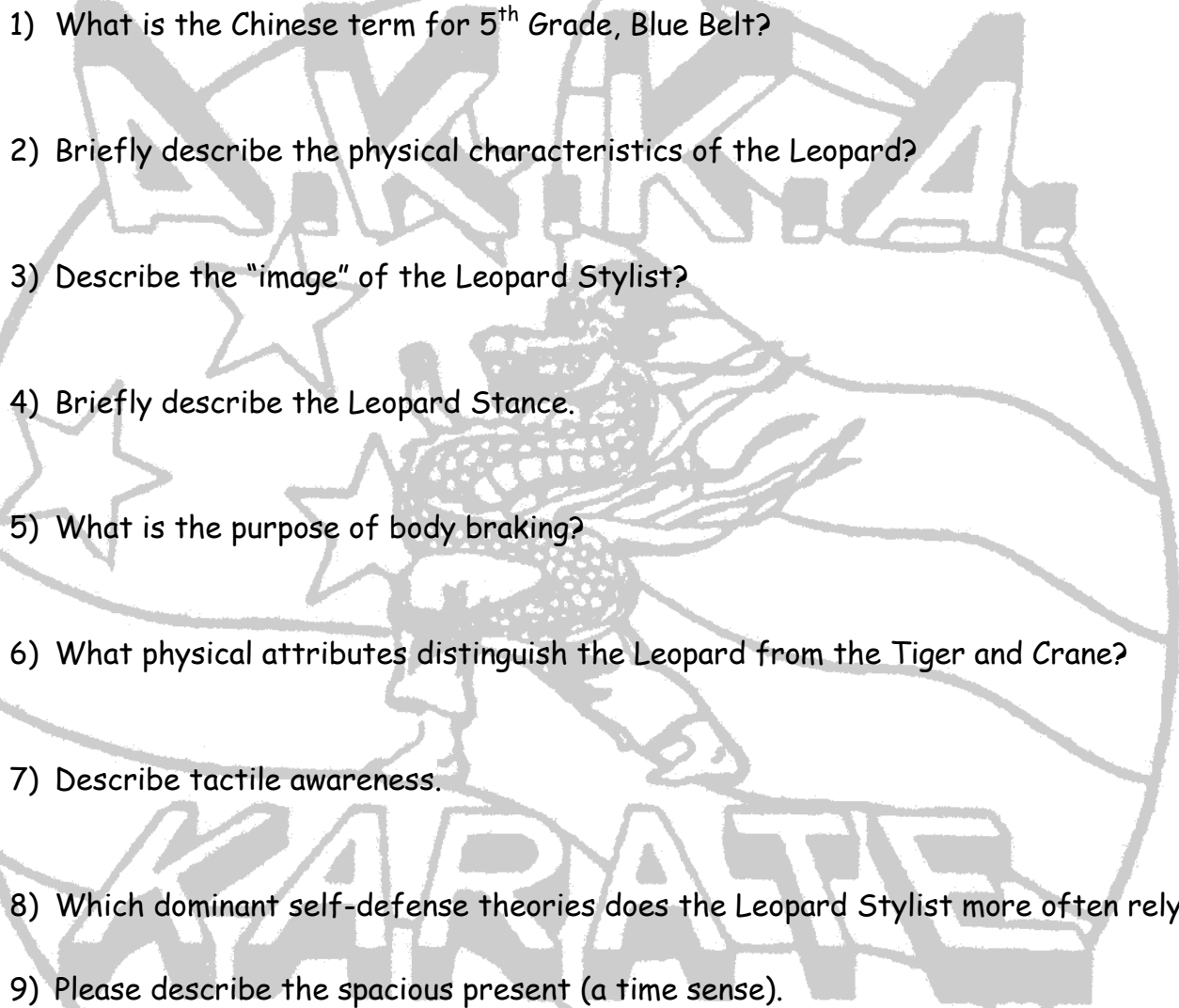


# Blue Belt

## Written Material Review

- 
- 1) What is the Chinese term for 5<sup>th</sup> Grade, Blue Belt?
  - 2) Briefly describe the physical characteristics of the Leopard?
  - 3) Describe the "image" of the Leopard Stylist?
  - 4) Briefly describe the Leopard Stance.
  - 5) What is the purpose of body bracing?
  - 6) What physical attributes distinguish the Leopard from the Tiger and Crane?
  - 7) Describe tactile awareness.
  - 8) Which dominant self-defense theories does the Leopard Stylist more often rely on?
  - 9) Please describe the spacious present (a time sense).